Volume 2, Issue 9
September
2025

ELLIOTT EXPRESS



Mission Statement

Quality choices in a caring and inclusive, home-like community.

A tradition of promoting dignity and independence for those we serve and their families.

Resident Council Week September 15th- 21st



Resident Council plays an important role in shaping the place residents call home. They bring everyone together as peers, to discuss issues of importance and stay connected and engaged in the home operations and decision-making.

The council is intended and designed to form the collective voice of everyone that lives at The Elliott Community whether or not they attend meetings. Everyone has the right to participate in Residents' Council.

For more information about how you can be involved in our Resident Council in our Long Term Care Home Areas, or Resident Townhall Meetings in our Retirement Home Areas, please contact

Michelle Holland at (519) 822-0491 ext. 2366



Anne Hinrichs-Resident Council President for our Long Term Care Home Areas

the great HARVEST









SUNDAY SEPT 28

11:30 am - 2:30 pm

BRUNCH & BUBBLY | ENTERTAINMENT
SILENT AUCTION & 50/50 DRAW

TICKETS ON SALE NOW!

BUY ONLINE OR BY PHONE



TICKETS

\$65 Adults | \$40 Residents, Staff, Volunteers \$25 Children | \$500 Table of 8

Presenting Sponsor:



























September Community Centre/Chapel Programs & Events

Wednesday September 10th at 10:00am

St. Andrew's Presbyterian Service

<u>Wednesday September 10th at 2:00pm</u>

Fall Fair Carnival

Monday September 15th at 2:00pm Zumba with Stephanie

<u>Wednesday September 17th at 10:00am</u>

Roman Catholic Mass

<u>Thursday September 18^t at 2:00pm</u>

Monthly Birthday Party with Kevin Coates

Friday September 19th at 10:00am Young Guys 2 Performance

<u>Tuesday September 23rd at 2:00pm</u> Memorial Service

Wednesday September 24th at 2:00pm

Accordion with Gary

<u>Thursday September 25th at 2:00pm</u> Happy Hour with Rob Edlefsen



Great Lakes Music Together.



GENERATIONS MUSIC CLASS

FALL 2025 10-WEEK SESSION







FAMILIES MAKE MUSIC WITH "MUSICAL GRANDFRIENDS"!

Creating joyful connections across ages and fostering empathy through shared music-making.

SIGN-UP TODAY SO THAT YOU DON'T MISS OUT!

Do you have a friend or family member with young children?

This fall, The Elliott Community is hosting the Generations Music Class! Families with little ones will join our "musical grandfriends" for a joyful 10-week program of songs, rhythm, and fun.

Encourage your loved ones to register today!

https://greatlakesmusictogether.com/classes.aspx?sem=50486#tabs

SEPTEMBER OUTINGS



Wednesday September 17th Leaving at 10:15am
Guelph Humane Society Tour
Cost is \$10 for transportation

Tuesday September 23rd Leaving at 5:00pm
Classic Car Show Outing
Cost is \$10 transportation plus spending money

Saturday September 27th Leaving at 11:00am Gidinawendamin/Ska'niku lat 22nd Annual Pow Wow Outing Cost is \$10 for transportation

Monday September 29th Leaving at 1:30pm
Shopping Outing to Walmart
Cost is \$10 transportation
plus spending money

All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.

COMMUNITY CHAMPION

VOLUNTEER RECOGNITION - AUGUST 2025



AWARDED TO

PLACIDA CASTANETO FRIENDLY VISITOR VOLUNTEER

A lifetime of care, now sharing her love and warmth as a volunteer at The Elliott Community.

Working on our Wings



Updates on The Butterfly Approach for Residents and Families

The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, personcentred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

Painting on Paisley and Eramosa

We are so excited to share that painting is progressing quickly in the Paisley and Eramosa home areas on the second floor of longterm care at The Elliott. Our painters have started in Eramosa and will move to Paisley once they are finished there. The colours might look brighter than what we are used to. This is done to support changes in visual ability and perception that a person living with dementia may experience. The vibrant shades and the contrast between colours in the home areas may help people to find their way around more easily and support independence. Once painting is complete, we will begin to fill the walls with meaningful objects and items and beautiful things to look at. We hope that you will enjoy the finished product once everything comes together. If you're not sure what to expect, we invite you to visit the third floor of long-term to see what a completed Butterfly home area looks like. Thank you for your patience during this transition.

Working on our Wings

The "Stuff of Life"

Once the painting is complete on Eramosa and Paisley we will start to fill the walls with artwork, meaningful object and opportunities to interact. If you or someone you know lives on Paisley or Eramosa we'd like to hear what themes and artwork you'd like to see represented on the walls. Please share your ideas with a member of the team, with Lindsay Marinovic, Resident Experience Lead or bring them to the next Residents' Council meeting. Each Butterfly home area has its own unique look and feel that is based on the stories of the people who live there. We can't wait to see the story of Eramosa and Paisley take shape!

If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org.



INFECTION CONTROL & PREVENTION UPDATE

Visiting Reminder: Help Us Keep Measles Out!

What is Measles?

Measles is a highly contagious, airborne virus that spreads through respiratory droplets. It can linger in the air or on surfaces for up to two hours. The illness usually starts with cold-like symptoms, followed by a rash, and can cause serious complications, especially in vulnerable populations such as our residents.

Measles cases are on the rise globally and here in Ontario, as you may have seen in the news and on social media. In light of that we're taking extra steps to protect our residents.

What We Ask of Visitors:

- ✓ If you've been exposed to measles and are not vaccinated or unsure of immunity, please wait 21 days before visiting.
 - ▼ Feeling sick? (fever, cough, rash) Stay home and rest.
 - Exposed to someone who was exposed? You're likely finejust watch for symptoms.

Measles Myth-Buster!

- X Myth: "Adults don't need to worry about measles."
- ✓ Fact: Adults born after 1970 may not be fully immune unless they've had two doses of the MMR vaccine. Immunity can fade, and measles can cause serious illness in adults, too—especially in healthcare or long-term care settings. Adults born after 1970 may need two doses of MMR to be fully protected. Talk to your healthcare provider if you're unsure.

Questions? Contact the IPAC Lead anytime. Thanks for helping keep The Elliott safe!



General Store Hours of Operation

	Morning	Afternoon
Monday	9:30-11:30am	Closed
Tuesday	Closed	1:30-3:30
Wednesday	9:30-12:30pm	12:30-3:30pm
Thursday	9:30-12:30pm	Closed
Friday	9:30 - 12:00pm	Closed
Saturday	Closed	Closed
Sunday	Closed	1-4pm

Thank you for your business!

Last update: June 24th, 2025



SEPTEMBER SPECIALS MENU

MONDAY	WEDNESDAY	FRIDAY
HAPPY LABOUR DAY Sorry.We're CLOSED	Fish & Chips \$14	Grilled Cheese or Tuna Melt 5 with Salad or Fries \$12 Happy Hour 2:30-3:30pm
8 Happy Hour 2:30-3:30pm	Soup & Fresh Bread \$10	% Chicken Dinner \$12 12 Happy Hour 2:30-3:30pm
15 Happy Hour 2:30-3:30pm	Chicken or Beef Nachos \$12	Soup & Fresh Bread 19 \$10 Happy Hour 2:30-3:30pm
22 Happy Hour 2:30-3:30pm	Beef or Chicken Pot Pie Dinner \$14	26 Happy Hour 2:30-3:30pm
Happy Hour 2:30-3:30pm		

Monday and Fridays- Happy Hour 2:30-3:30pm \$5.00/alcoholic drink (1 drink maximum)

Wednesdays & Fridays: 11:00am-2:00pm Lunch



